

Enneagram Personality Type Indicator

Personality Type ONE

**Want to be right*

***Basic Fear of being evil/corrupt*

I am conscientious, idealistic and have high internal standards for correctness. I expect myself to live up to these standards. I can easily see what is wrong with things as they are and how they can be improved. It is hard for me to ignore or accept things that are not done the right way and I may be perceived as overly critical or demanding perfection. If I am responsible for something, you can be sure that I will do it right. When others act irresponsibly or unfairly I have feelings of resentment although I usually try not to show it to them openly. For me, work comes before pleasure, and I suppress my desires as necessary to get the work done.

Strengths:

___ principled ___ wise ___ discerning ___ truth teller ___ reasonable ___ principled teacher
___ idealistic ___ orderly ___ hard working ___ fair ___ capable/active

Can Be:

___ self righteous ___ perfectionistic/picky ___ judgmental ___ critical ___ emotionally controlled
___ rigid ___ resentful ___ impatient ___ angry ___ over-worked ___ dissatisfied with reality

Personality Type TWO

**Want to be loved/appreciated*

***Basic fear of being unwanted or unworthy of being loved*

I am sincere, warm hearted and very sensitive to other people's feelings. I can see what they need even when I don't know them. It's easy for me to give of myself. I sometimes wish I were better at saying no because I put more energy into caring for others than into taking care of myself. I am people oriented, friendly, generous and self-sacrificing. It hurts my feelings if people think I'm trying to manipulate or control them when all I'm trying to do is understand and help them. I like to be seen as a good person, but when I'm not taken into account or appreciated I can become very emotional or even demanding. Good relationships mean a great deal to me and I am willing to work hard to make them happen.

Strengths:

___ giving/generous ___ loving ___ empathetic ___ competent ___ caring/concerned about others
___ warm/responsive ___ thoughtful ___ forgiving ___ encouraging ___ can see good in others
___ energetic /friendly

Can be:

___ seductive ___ manipulative ___ emotionally histrionic ___ flatterer ___ need to be needed
___ double messages ___ martyr for others ___ feel indispensable ___ prideful
___ unwilling to meet own needs ___ advice giving

Personality Type Three

**Want to be accepted and affirmed by others for what they do*

***Basic Fear of being worthless*

Being the best at what I do is a strong motivator for me. I have received much recognition for my accomplishments. I am adaptable, self-assured, ambitious and charming. I get a lot done and identify strongly with what I do. I often do several things at once because I always have more to do than will fit into the time available. I set aside feelings and self reflection in order to get things done. I do tasks quickly and like to feel and appear “on top” of any situation. I like to compete and am also a good team player.

Strengths:

___ self assured ___ outstanding paragon ___ successful/high self esteem ___ competent/creative ___ busy/ambitious ___ leader/personable/likeable ___ organized ___ efficient/best they can be ___ optimistic ___ entertaining/motivational ___ enthusiastic/animated

Can Be:

___ performance oriented ___ competitive ___ status seeker ___ social climbers ___ careerist ___ needs to be winner ___ image conscious ___ self protective ___ lose touch with feelings ___ problems with authenticity ___ narcissistic

Personality Type Four

**Wants to find out who they are*

*** Basic Fear of not having a permanent, fixed self*

I am a sensitive person with intense feelings. I sometimes feel misunderstood and lonely because I feel different from others. I am intuitive, self aware, sensitive and gentle. I sometimes am moody and my behavior can appear like a drama to others. I have been criticized for being overly sensitive and over-amplifying my feelings. I long for deep emotional connections and deeply felt experience of relationships. I have a tendency to want what I can't have and to disdain what I do have. I have experienced melancholy and I sometimes wonder why other people seem to have happier lives and better relationships than I do. I have a refined sense of aesthetics and I experience a rich world of emotions and meanings.

Strengths:

___ original ___ independent ___ profoundly creative/artistic ___ insightful/emotionally sensitive ___ inspired ___ self aware ___ intuitive ___ self revealing individual ___ imaginative ___ dramatic/sensual ___ creates beauty

Can be:

___ self absorbed ___ moody ___ envious ___ superior acting ___ demanding ___ inhibited ___ melancholy dreamer ___ living in fantasy world ___ effete ___ precious

Personality Type Five

* Wants to have something to contribute

**Basic fear of being useless, helpless or incapable

I am a perceptive, quiet, insightful, curious, analytical person who needs more time alone than most people do. I usually prefer to observe what is going on than to be involved in the middle of it. I don't like people to place too many demands on me or to expect me to know and report what I am feeling. I am able to get in touch with my feelings better when alone than with others. I often enjoy experiences I have had more when re-living them than when actually going through them. I am almost never bored when alone because I have an active mental life. I am independent, innovative and inventive. It is important to me to protect my time and energy, live a simple uncomplicated life and be as self sufficient as possible.

Strengths:

☐ visionary/independent ☐ observer/intellectual ☐ perceptive/kind ☐ knowledgeable expert
☐ analytic specialist ☐ profound insight ☐ open minded ☐ gathers resources
☐ can see whole picture ☐ discovers new ways of doing things ☐ insightful/mentally alert ☐
☐ curious/ innovative ☐ able to concentrate and master interests

Can be:

☐ detached/distant ☐ preoccupied ☐ impractical ☐ provocative ☐ reserved ☐ cynical ☐
☐ detached from feelings in present ☐ paranoid ☐ high strung ☐ eccentric ☐ cerebral

Personality Type Six

*Wants to have security by belonging

**Basic fear of being unable to survive on their own

I have a vivid imagination especially when it comes to what might be threatening to safety and security. I can usually spot what could be dangerous or harmful and may experience as much fear as if it were really happening. I am loyal, committed, reliable, trustworthy and likable. I either always avoid danger or always challenge it head on. My imagination also leads to my ingenuity and a good sense of humor. I would like for life to be more certain but in general I seem to doubt the people and things around me. Some people may consider me very astute because I can usually see the shortcomings in the view someone is putting forth. I tend to be suspicious of authority and am not particularly comfortable being seen as the authority. Because I can see what is wrong with the generally held view of things, I tend to identify with underdog causes.

Strengths:

☐ loyal ☐ engaging ☐ committed/responsible ☐ good team player ☐ obedient/honest
☐ co-operative ☐ good friend/hospitable ☐ community oriented ☐ appealing ☐ loveable/
affectionate ☐ family/friend oriented ☐ hard working ☐ questioning

Can be:

☐ cautions ☐ dutiful ☐ indecisive ☐ nervous ☐ fearful ☐ skittish
☐ trouble with authority ☐ evasive ☐ sarcastic ☐ take "tough" stance ☐ untrusting
☐ project fears on others

Personality Type Seven

*Wants to be happy and to keep options open

**Fear of being deprived and in pain

I am an optimistic, enthusiastic, spontaneous person who enjoys thinking of new and interesting things to do. My mind is very active and moves quickly between different ideas. I tend to be playful, high spirited and have a lot of energy to devote to things that interest me. I have a harder time sticking to repetitive and unrewarding tasks. I like to be in on the beginning of a project when there are many fascinating options to consider. If something gets me down I prefer to shift my attention to more pleasant ideas. I believe people are entitled to an enjoyable life.

Strengths:

___ optimistic ___ happy/enthusiastic ___ mentally active ___ good planner ___ analytical ___ love of family and friends ___ stimulating ___ charming ___ eternally youthful ___ playful/cheerful ___ spontaneous ___ vivacious ___ accomplished achievers ___ gratitude for simple pleasures

Can Be:

___ excessive/manic ___ hyperactive ___ unable to say no to themselves ___ uninhibited ___ wise cracking ___ performing ___ fearful of being bored ___ perpetual motion ___ superficial ___ conspicuous consumption ___ self centered ___ insensitive

Personality Type Eight

*Want to be self-reliant

**Fear of being harmed or controlled by others

I approach issues that matter to me in an all or nothing way. I place a lot of value in being strong, honest and dependable. What you see is what you get. I don't trust others until they have proven themselves to be reliable. I can tell when someone is manipulative or devious and I like people to be direct with me. I have a hard time tolerating weakness in people. I prefer to be my own boss and have a hard time following orders, especially if I disagree with the person in authority. I stick up for friends and relatives as their protector. When I am angry, I find it difficult not to show my feelings. If you have been in a battle with me, you will know it.

Strengths:

___ self confident ___ decisive/direct ___ constructive leader ___ enterprising ___ courageous ___ waiting to do what it takes to achieve vision ___ ambitious ___ wants to have lasting influence ___ stand up for what they want and need ___ "can do" attitude ___ action oriented ___ champion for people ___ carries others with their strength ___ hard working/risk-taker ___ hidden tenderness

Can Be:

___ dominating ___ combative ___ power broker ___ confrontational ___ wheeler-dealer ___ boastful ___ not see others as equal ___ will not back down ___ controlling ___ test of will

Personality Type Nine

*Wants to maintain their peace of mind

**Fear of losing their inner stability

I seem to be able to see all points of view pretty easily. I may appear indecisive at times because I can see advantages and disadvantages on all sides. I am good at helping people resolve their differences. This same ability can sometimes make me more aware of other people's positions, agendas and personal priorities than of my own. I am easy going, accommodating, trusting and stable. I tend to be good natured, optimistic, straight forward and supportive, but can also be willing to go along with others to keep the peace. I have a hard time knowing what is really important for me. It is not unusual for me to become distracted and get off task. When this happens, my attention is drawn to trivial, unimportant facts. I like life to be comfortable, harmonious and accepting.

Strengths:

___ peaceful/peacemaker ___ reassuring ___ receptive/calm ___ supportive ___ accommodating
___ content ___ aligned with nature ___ un-self-conscious/unpretentious
___ accepting/able to give unconditional love ___ serene ___ trusting of self and others
___ childlike ___ good natured ___ harmonizes groups

Can Be:

___ complacent ___ neglectful ___ merges/lives through others ___ passive ___ not in touch with anger
___ unreflective ___ inattentive ___ procrastinates ___ "sweep problems under rug"
___ tune out reality ___ "peace at any price"